



# October 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	<b>1 CANAL TRIP</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
	AM Exercise & Sparkle 2PM Clare Barnes singer entertainer 3.30pm Hymns & Prayers Puzzles	1.1's, Hairdresser 11am RISE seated sports PM Poetry Afternoon Night Owls/Documentary	Rm visits, Hair, Nails AM Coffee morning Exercise & Sparkle PM Art class in chapel White board games	AM Sherry morning Exercise, Sparkle Room visits, 1.45 Scrabble PM Giant crossword Night Owls/Bingo	Room visits AM Exercise & Sparkle 1.1's PM Interactive games	Live stream abbey service AM Exercise & Sparkle Room visits PM Higher or lower card games
<b>7</b>	<b>8 YOGA</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
Room visits AM Exercise & Sparkle 1.1's PM Music afternoon Night owls/ movie night	Foot health clinic AM Monthly sparkle magazine 3PM Relatives meeting Giant Floor games	Room visits, Hair AM Exercise & Sparkle PM Knit & natter Night Owls/reminiscing sports	1.1's, Hair, Nails AM Coffee morning Exercise & Sparkle PM Art Class in chapel 3.30 Singing group	AM Sherry morning Exercise & Sparkle, 1.45 Scrabble PM Giant floor games Night Owls/ Pamper Evening	1.1's AM Exercise & Sparkle Room visits PM Derby Day	Live stream abbey service AM Exercise & Sparkle 1.1's PM Karaoke
<b>14 CANAL TRIP</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18 wear it pink day</b>	<b>19</b>	<b>20</b>
AM Exercise & Sparkle Falkor therapy dog PM Pictionary Night owls/movie night	Room visits AM Exercise with Ade & Sparkle PM Hymns & Prayers Quiz	1.1's, Hairdresser AM Exercise & Sparkle PM flower arranging table decorations Night Owls/Documentary	Rm visits, Hair, Nails AM Coffee morning Exercise & Sparkle PM Art Class in chapel White board games in lounge	AM Exercise & sparkle Sherry morning 1PM Gardening club 1.45 Scrabble PM Music afternoon Night Owls/Book club	Room visits AM Exercise & Sparkle 1.1's PM ball games	Live stream abbey service AM Exercise & Sparkle Room visits PM Bingo
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
Room visits, AM Exercise & Sparkle 1.1's PM Interactive Games Night owls/ movie night	1.1's Foot health clinic AM Exercise & Sparkle Room visits PM Hymns & Prayers Higher/ Lower card game	Room visits Hairdresser AM Exercise & Sparkle PM Ball Games Night Owls/Documentary	1.1's, Hair, Nails AM Coffee morning Room visits PM Art class in chapel 3.30pm Singing Group	Exercise & Sparkle & Sherry morning, 1.1's, 1.45 Scrabble PM Gardening Club Night Owls/ Music evening	1.1's AM Exercise & Sparkle Room visits PM Floor games bowls/skittles	Live stream abbey service AM Exercise & Sparkle 1.1's PM Quiz time
<b>28</b>	<b>29</b>	<b>30</b>	<b>31 Halloween</b>			
1.1's AM Exercise & Sparkle Falkor therapy dog PM charades Night owls/ movie night	Room visits AM Exercise with Ade & Sparkle 1.1's PM Hymns & Prayers Arts & Crafts	1.1's, Hairdresser 11am RISE seated sports PM group quiz in dining room Night Owls/Relaxation	Rm visits, Hair, Nails AM Coffee morning Exercise & Sparkle PM Art class in chapel Halloween Quiz / story			