

August 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			1	2	3	4
			1.1's, Hair , NO Nails AM Coffee morning Room visits PM Singing group in chapel	1.1's AM Sherry morning Room visits, PM Musical Bingo Night owls	Room visits AM Exercise & Sparkle 1.1's PM Carpet Bowls	1.1's AM Exercise & Sparkle Room visits PM Derby Day
5	6	7	8	9	10	11 OLYMPIC ENDS
Room visits, Falkor therapy dog AM Exercise & Sparkle 2.30 flower arranging PM Hand Ball Night owls	Residents meeting AM Exercise & Sparkle Room visits PM Hymns & Prayers Quiz	Room visits, Hair AM RISE Seated Sports 1.1's PM Board Games Night owls	1.1's, Hair , Nails AM Coffee morning Room visits PM Afternoon tea and Olympics on TV	Stretch and Shine with Ade AM Sherry morning 1.1's PM Giant Crosswords Night owls	1.1's AM Exercise & Sparkle Room visits PM Word Game	Room visits AM Exercise & Sparkle 1.1's PM Interactive Games
12	13	14	15	16	17	18
1.1's AM Exercise & Sparkle Room visits PM Pictionary Night owls	Room visits YOGA AM Exercise & Sparkle 2pm clare singing PM Hymns & Prayers Quiz	1.1's, Hairdresser AM Exercise & Sparkle Room visits PM Hangman Night owls	Rm visits, Hair , NO Nails AM Coffee morning 1.1's PM singing group	1.1's, Foot Health Practitioner AM Sherry morning Room visits, PM Baking Class Night owls	Room visits AM Exercise & Sparkle 1.1's PM Quoits	1.1's AM Exercise & Sparkle Room visits PM Ball Games
19	20	21	22	23	24	25
Room visits, Falkor therapy dog AM Exercise & Sparkle 1.1's PM Carpet Bowls Night owls	1.1's AM Exercise & Sparkle Room visits PM Hymns & Prayers Quiz	Rm visits, Hairdresser AM Exercise & Sparkle 1.1's PM Matron's Quiz with tea & cake No Night owls	1.1's, Hair , Nails AM Coffee morning Room visits PM Bingo	Room visits AM Sherry morning , 1.1's, PM Arts & Craft No Night owls	1.1's AM Exercise & Sparkle Room visits PM Higer or Lower	Room visits AM Exercise & Sparkle 1.1's PM Bean Bags
26 Outing	27	28	29	30	31	
Lunch at Gibraltar Castle , 1.1's AM Exercise & Sparkle Room visits PM Hangman Night owls	Stretch and Shine with Ade AM Exercise & Sparkle 1.1's PM Hymns & Prayers Quiz	1.1's, Hairdresser AM Exercise & Sparkle Room visits 3PM Garden Party	Rm visits, Hair , NO Nails AM Coffee morning 1.1's PM singing group	1.1's, AM Sherry morning Room visits, PM What's in the bag? Night owls	Room visits AM Exercise & Sparkle 1.1's PM Bullseye	