

June 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					1	2
					Room visits AM Exercise & Sparkle 1.1's PM Derby Day	1.1's AM Exercise & Sparkle Room visits PM interactive games
3	4	5	6 Residents meeting	7	8	9
Room visits AM Exercise & Sparkle Visit to the abbey. PM Pictionary/ board games Night owls	Stretch & shine chair exercises! In TV lounge Sparkle in garden Lounge. PM Hymns & Prayers Singing and movement with clare	Room visits, Hair AM Exercise & Sparkle PM Giant crossword in garden lounge documentary in TV lounge Night owls	1.1's, Hair, Nails AM Coffee morning Exercise & sparkle Room visits PM singing group Name 5 things quiz	Rm visits, Music Therapy AM Sherry morning 1.1's, Exercise & sparkle PM Arts & Crafts Night owls	1.1's AM Exercise & Sparkle Room visits PM Ball Games	Room visits AM Exercise & Sparkle 1.1's PM Giant floor Snakes & Ladders
10	11	12	13	14 EURO CUP	15	16 Fathers day
1.1's Falkor therapy dog Rise seated sports. PM Interactive Games Night owls	YOGA in tv lounge AM Exercise & Sparkle 1.1's PM Hymns & Prayers 4pm Quiz time	1.1's, Hairdresser, foot health practitioner AM Exercise & Sparkle Room visits PM Cream tea in our garden / Night owls	Rm visits, Hair, Nails AM Coffee morning Exercise & sparkle PM Book club lets read together.	1.1's, Music Therapy AM Sherry morning Exercise & sparkle 1.45 Scrabble PM connect 4 /games. Night owls	Trooping the colour on TV 11am in Lounge AM Exercise & Sparkle 1.1's PM Bean Bag Games	1.1's AM Exercise & Sparkle Room visits PM Movie Afternoon /popcorn and ice cream
17	18	19	20	21	22	23
Room visits, AM Exercise & Sparkle Visit to the abbey PM Hangman Night owls	Stretch & shine chair exercises in TV lounge. AM Exercise & Sparkle Room visits PM Hymns & Prayers Higher & Lower Game	Room visits Hairdresser AM Exercise & Sparkle 1.1's PM Catchphrase Night owls	1.1's, Hair, Nails AM Coffee morning Exercise & sparkle PM singing group. Relaxation / hand massages therapy	Music Therapy AM Sherry morning, & sparkle & Exercise 1.45 Scrabble. PM cards /dominoes Night owls	1.1's AM Exercise & Sparkle Room visits PM Puzzles/crossword	Room visits AM Exercise & Sparkle 1.1's PM Carpet Bowls
24	25	26	27	28	29	30
1.1's Falkor therapy dog AM Exercise & Sparkle Room visits PM board games Night owls	Room visits AM Exercise & Sparkle 1.1's PM Hymns & Prayers Documentary TV lounge	1.1's, Hairdresser AM Exercise & Sparkle Room visits PM Group Quiz time Night owls	Rm visits, Hair, Nails AM Coffee morning 1.1's Exercise & sparkle PM Bingo	1.1's, Music Therapy AM Sherry morning Exercise & sparkle 1.45 Scrabble final day PM Floor Games Night owls	Room visits AM Exercise & Sparkle 1.1's PM Karaoke	1.1's AM Exercise & Sparkle Room visits PM Hangman /Board games