

May 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		1	2 Hair, Nails	3	4	5
		1.1's, Hairdresser AM Exercise & Sparkle Room visits PM Arts & Crafts Night owls	AM Coffee morning Exercise & Sparkle PM Premier League Darts Day /Darts games & Quiz	1.1's Music therapy AM Sherry morning Exercise & Sparkle PM Scrabble / connect 4 /cards. Night owls	Room visits AM Exercise & Sparkle 1.1's PM Board Games	1.1's AM Exercise & Sparkle Room visits PM Ball games
6	7	8 VE day	9	10 Tourism Day	11	12
Room visits AM Exercise & Sparkle 1.1's PM musical / movie popcorn &ice cream Night owls	1.1's, Sparkle AM Residents meeting 2pm singing & movement. 3.30 Hymns & Prayers Documentary	Room visits, Hair AM Exercise & Sparkle 1.1's PM Sing-along VE day Songs Night owls	1.1's, Hair, Nails AM Coffee morning Exercise & Sparkle PM singing group	Music Therapy AM Sherry morning Exercise & Sparkle PM Giant map where have we travelled? Night owls	1.1's AM Exercise & Sparkle Room visits PM Higher or lower	Room visits AM Exercise & Sparkle 1.1's PM Derby Day
13	14	15	16	17	18	19
1.1's AM Exercise & Sparkle Room visits PM Pictionary Night owls	Room visits YOGA AM Exercise & Sparkle PM Hymns & Prayers Arts & Crafts	1.1's, Hairdresser, foot health AM RISE Seated sports. PM Sparkle & Quiz Night owls	Hair, Nails AM Bach choral music easter story (60 mins) Exercise & Sparkle PM Cards & Dominoes	1.1's, Sherry morning AM Bach choral music Easter story (60 mins) PM who wants to be a millionaire? Night owls	Room visits AM Exercise & Sparkle 1.1's PM Pictionary	1.1's AM Exercise & Sparkle Room visits PM Interactive Games
20	21	22 NO hairdresser	23	24	25 FA cup final	26
Music Therapy AM OUTING Exercise & Sparkle 1.1's Hangman PM Night owls	AM Exercise & Sparkle Room visits PM Hymns & Prayers Tea Tasting Camomile/herbal/Lemon	Foot health AM Exercise & Sparkle 1.1's PM Movie time Night owls	Hairdresser, Nails AM Coffee morning Exercise & Sparkle PM singing group.	Music Therapy AM Exercise & Sparkle Sherry morning, PM Board Games / Hangman Night owls	1.1's AM Exercise & Sparkle Room visits PM Giant Crossword FA cup final @ 3pm in tv lounge	Room visits AM Exercise & Sparkle 1.1's PM Carpet Bowls
27	28	29	30	31		
1.1's AM Exercise & Sparkle Room visits PM Karaoke/singing Night owls	Room visits AM Exercise & Sparkle PM Puzzles & Games Hymns & Prayers	1.1's, Hairdresser AM Exercise & Sparkle Room visits 3PM Group quiz time Night owls	Rm visits, Hair, Nails AM Coffee morning Exercise & Sparkle PM Knit & natter	1.1's, Music Therapy AM Sherry morning Exercise & Sparkle PM Giant Snakes & Ladders Night owls		