



JANUARY 2024





MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1 New Year's Day	2	3	4 World Braille Day	5	6	7
1.1's AM Exercise & Sparkle Room visits PM Carpet Bowls Night owls	Room visits AM Exercise & Sparkle 1.1's PM Hymns & Prayers Quiz	1.1's Hairdresser AM Exercise & Sparkle Room visits PM Ball Games	Room visits, Hair, Nails AM Coffee morning 1.1's PM Singing Group Board Games	1.1's AM Sherry morning Room visits, NO Scrabble PM Crossword	Room visits AM Exercise & Sparkle 1.1's PM Derby Day	1.1's AM Exercise & Sparkle Room visits PM Film - Comedy
8	9	10	11	12	13	14
Room visits 11am Therapy Dog AM Exercise & Sparkle 1.1's PM Bean Bag Games Night owls	1.1's, AM Yoga in TV Lounge, Room visits 3PM Relatives and Residents Meeting PM Hymns & Prayers Quiz	Room visits Hairdresser AM Exercise & Sparkle 1.1's PM Cards/Dominoes	1.1's, Hair, Nails AM Coffee morning Room visits PM Jigsaw Puzzle	Rm visits, Music Therapy AM Sherry morning 1.1's, 1.45 Scrabble PM Karaoke	1.1's AM Exercise & Sparkle Room visits PM Find the Word	Room visits AM Exercise & Sparkle 1.1's PM Interactive Games
15	16	17	18	19	20	21
1.1's AM Exercise & Sparkle Room visits PM Pictionary Night owls	Room visits AM Exercise & Sparkle 1.1's PM Hymns & Prayers Quiz	1.1's, Hairdresser Foot Health Practitioner AM Exercise & Sparkle Room visits PM Poems Pam Ayers	Rm visits, Hair, Nails AM Coffee morning 1.1's PM Singing Group Jigsaw Puzzle	1.1's, Music Therapy AM Sherry morning Room visits, 1.45 Scrabble PM Bingo	Room visits AM Exercise & Sparkle 1.1's PM Hangman	1.1's AM Exercise & Sparkle Room visits PM Film – Musical
22	23	24	25 Burns Night	26	27	28
Room visits, AM Exercise & Sparkle 1.1's PM Sparkle Magazine Night owls	1.1's AM Exercise & Sparkle Room visits PM Hymns & Prayers Story Telling and Reminiscing	Room visits Hairdresser AM Exercise & Sparkle 1.1's PM Hangman	1.1's, Hair, Nails AM Coffee morning Room visits PM Jigsaw Puzzle	Room visits Music Therapy AM Sherry morning, 1.1's, 1.45 Scrabble PM Crossword	1.1's AM Exercise & Sparkle Room visits PM Higher or Lower	Room visits AM Exercise & Sparkle 1.1's PM Derby Day
29	30	31				
1.1's AM Exercise & Sparkle Room visits PM Who Wants to be a Millionaire? Night owls	Room visits AM Exercise & Sparkle 1.1's PM Hymns & Prayers Name 5 Things Quiz/ White Board Games	1.1's, Hairdresser AM Exercise & Sparkle Room visits PM Arts & Crafts				