

NOVEMBER 2023



SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1	2	3
				1.1's, Hairdresser AM Exercise & Sparkle Room visits, 2.30 Arts & Crafts with Gloria PM Bingo	Room Visits, Hair, Nail 9.30am 1-1 Exercises AM Coffee morning 1.1's PM Music Quiz Movie Night	1.1's AM Sherry morning , Room visits 1.45PM Scrabble PM Hangman 5PM Fireworks & Mulled Wine
4	5 Bonfire Night	6	7	8	9	10
Room visits AM Exercise & Sparkle 1.1's PM 20 Questions	1.1's AM Exercise & Sparkle Room visits PM Guy Fawkes Trivia and Quiz	9.30am 1-1 Exercises AM Exercise & Sparkle Room Visits PM Ball Games Night owls	1.1's, 11am Residents Meeting AM Exercise & Sparkle, Room visits PM Hymns & Prayers Hangman	Rm visits, Hairdresser AM Exercise & Sparkle 1.1's, 3PM Ark Farm Animals Visiting	1-1's, Hair, Nails 9.30am 1-1 Exercises AM Coffee morning Rm visits PM Singing Group Movie Night	Rm visits AM Sherry morning 1.1's 1.45PM Scrabble PM Quiz
11 Armistice Day	12 Remembrance Day	13	14	15	16	17
1.1's AM Exercise & Sparkle Room visits PM Film – Comedy	Room visits Remembrance Service on TV / In Town AM Exercise & Sparkle 1.1's PM Derby Day	9.30am 1-1 Exercises AM Exercise & Sparkle Room visits PM Bean Bags Night owls	Room visits AM Yoga 1.1's PM Hymns & Prayers Crossword	1.1's, Hairdresser Foot Health Practitioner AM Exercise & Sparkle Room visits, 2.30 Arts & Crafts with Gloria PM Knatter & Knit	Rm visits, Hair, Nails 9.30am 1-1 Exercises AM Coffee morning Outing – Garden Centre PM Higher or Lower Movie Night	1.1's AM Sherry morning Room visits 1.45PM Scrabble PM Karaoke
18	19	20	21	22	23	24
Room visits AM Exercise & Sparkle 1.1's PM Carpet Bowls	1.1's AM Exercise & Sparkle Room visits PM Sensory Game	9.30am 1-1 Exercises AM Exercise & Sparkle 1.1's PM Interactive Games Night owls	1.1's AM Exercise & Sparkle Room visits PM Hymns & Prayers Ipad Quiz	Rm visits, Hairdresser Foot Health Practitioner AM Exercise & Sparkle 1.1's PM Reminiscing	1.1's, Hair, Nails 9.30am 1-1 Exercises AM Coffee morning Rm visits PM Singing Group Movie Night	Room visits AM Sherry morning 1.1's, 1.45PM Scrabble PM Crossword
25	26	27	28	29	30 St Andrew's Day	
1.1's, AM Exercise & Sparkle Room visits PM Snakes & Ladders	Room visits AM Exercise & Sparkle 1.1's PM Film	1.1's 9.30am 1-1 Exercises AM Exercise & Sparkle Room visits PM Who Wants to be a Millionaire? Night owls	Room visits AM Exercise & Sparkle 1.1's, PM Hymns & Prayers Quizbook	1.1's, Hairdresser AM Exercise & Sparkle Room visits, 2.30 Arts & Crafts with Gloria PM Karaoke	Rm visits, Hair, Nails 9.30am 1-1 Exercises AM Coffee morning 1.1's PM St Andrew's Day Singalong Movie Night	