

MAY 2023

AM Activities begin at 11.15, PM Activities begin at 3.30, 1.1's and room visits from 10am and 2pm. 6.30pm Night owls



SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Bank Holiday	2	3	4	5
		1.1's AM Exercise & Sparkle, Room visits PM Who Wants to be a Millionaire? Night owls	Rm visits, 11am Residents Meeting AM Exercise & Sparkle 1.1's PM Hymns & Prayers, Quiz	1.1's, Hairdresser AM Exercise & Sparkle Room visits PM Karaoke	Rm visits, Hair, Nails AM Coffee morning 1.1's, 1.45 Art Class PM Singing Group Night Owls	1.1's AM Sherry morning Room visits 2pm Scrabble PM Crossword
6 King's Coronation	7	8 Bank Holiday/VE Day	9	10	11	12
Coronation on TV AM Exercise & Sparkle, 1.1's PM Royal Afternoon Tea Celebration	1.1's AM Exercise & Sparkle, Coronation Concert on TV Room visits PM Sparkle Magazine	Room visits, AM Exercise & Sparkle, 1.1's PM Charades Night owls	1.1's AM Yoga Room visits PM Holy Communion Quiz	Rm visits, Hairdresser AM Exercise & Sparkle 1.1's, 2.15 Arts/Crafts with Jay PM Hangman	1.1's, Hair, Nails AM Coffee morning Rm vsts, 1.45 Art Class PM What's in the Bag? Night Owls	Rm visits AM Sherry morning 1.1's, 2pm Scrabble PM Book Reading
13	14	15	16	17	18	19
1.1's AM Exercise & Sparkle, Room visits PM Gardening	Room visits AM Exercise & Sparkle, 1.1's PM Film - Comedy	1.1's AM Exercise & Sparkle, Room visits PM 20 Questions Night owls	Room visits AM Exercise & Sparkle 1.1's, PM Hymns & Prayers Quiz	1.1's, Hairdresser Foot Health Practitioner AM Exercise & Sparkle Room visits PM Joke Day	Rm vsts, Hair AM Coffee morning 1.1's, 1.45 Art Class PM Singing Group Night Owls	1.1's, Nails AM Sherry morning Room visits 2PM Scrabble PM Games
20	21	22	23	24	25 Africa Day	26
Room visits AM Exercise & Sparkle, 1.1's PM Bean Bags	1.1's AM Exercise & Sparkle, Room visits PM Derby Day	Room visits AM Exercise & Sparkle, 1.1's PM Interactive Games Night owls	1.1's AM Exercise & Sparkle Room visits 2PM Birds of Prey	Rm visits, Hairdresser Foot Health Practitioner AM Exercise & Sparkle 1.1's, 2.15 Arts/Crafts with Jay PM Film	1.1's, Hair, NO Nails AM Coffee morning Rm vsts, 1.45 Art Class PM Africa Day Night Owls	Room visits AM Sherry morning 1.1's, 2PM Scrabble PM Crossword
27	28	29 Bank Holiday	30	31		
1.1's AM Exercise & Sparkle, Room visits PM Hangman	Room visits AM Exercise & Sparkle, 1.1's PM Connect 4	1.1's AM Exercise & Sparkle, Room visits PM Ball Games Night owls	Room visits AM Exercise & Sparkle 1.1's, PM Hymns & Prayers Quiz	1.1's, Hairdresser AM Exercise & Sparkle Room visits PM Scrabble		