




DECEMBER 2022

AM Activities begin at 11.15, PM Activities begin at 3.30, 1.1's and room visits from 10am and 2pm. 6.30pm Night owls



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			1	2	3	4
			Rm visits, Hair, Nails AM Coffee morning 1.1's, 1.45 Art Class PM Christmas Poems Night Owls	1.1's Committee Meeting AM Sherry morning Rm vts, 2pm Scrabble PM Christmas Hangman	Room visits AM Exercise & Sparkle, 1.1's PM Santa's Bowling Balls	1.1's, AM Exercise & Sparkle, Room visits PM Christmas Derby Day
5	6	7	8	9	10	11
Rm visits AM Exercise & Sparkle, 1.1's Outing – Hatfield Carol Service PM Recognise Christmas Tunes Night owls	1.1's AM Exercise & Sparkle Room visits PM Hymns & Prayers Quiz	Rm visits, Hairdresser AM Exercise & Sparkle 1.1's Outing – Film Odyssey PM Frosty Darts	1.1's, Hair, Nails AM Coffee morning Rm vsts, 1.45 Art Class PM Singing Group	Room visits AM Sherry morning 1.1's 2pm Scrabble PM Christmas Wreath Making Night Owls	1.1's AM Exercise & Sparkle, Room visits PM Christmas Hungry Hippos	Room visits AM Exercise & Sparkle, 1.1's 1pm Salvation Army Singing Carols PM Comedy Film
12	13	14	15	16	17	18
1.1's AM Exercise & Sparkle, Room visits PM Winter Reminiscing Night owls	Room visits AM Yoga 1.1's, PM Holy Communion Making Gingerbread	1.1's, Hairdresser Outing – Garden Centre AM Exercise & Sparkle Room visits PM Crossword	Rm visits, Hair, Nails AM Coffee morning 1.1's, NO Art Class PM Christmas Quiz Night Owls	1.1's, AM Sherry morning Rm visits 3PM Spicer Street Christmas Service	Room visits AM Exercise & Sparkle, 1.1's PM Higher or Lower	1.1's AM Exercise & Sparkle, Room visits PM Board Games
19	20	21	22	23	24 Christmas Eve	25 Christmas Day
Room visits AM Exercise & Sparkle, 1.1's 3PM Verulam Panto! The Wizard of Oz Night owls	1.1's AM Exercise & Sparkle, Hymns & Prayers, Room Visits 3PM Verulam Panto! The Wizard of Oz	Rm visits, Hairdresser Foot Health Practitioner AM Exercise & Sparkle PM Christmas Karaoke	1.1's, Hair, Nails AM Coffee morning Rm vsts, NO Art Class PM Christmas Poems Night Owls	Room visits AM Sherry morning 1.1's PM Christmas Movie	1.1's AM Exercise & Sparkle, Room visits PM TV Quiz	Room visits AM Exercise & Sparkle, 1.1's PM Find the Word
26 Boxing Day	27 Bank Holiday	28	29	30	31 New Year's Eve	
1.1's AM Exercise & Sparkle, Room visits PM Snowy Snakes & Ladders Night owls	Room visits AM Exercise & Sparkle 1.1's PM Hymns & Prayers Quiz	1.1's, Hairdresser AM Exercise & Sparkle Room visits PM Arts & Crafts	Rm visits, Hair, Nails AM Coffee morning 1.1's, NO Art Class PM Reminiscing Night Owls	1.1's AM Sherry morning Room visits PM New Year Resolutions	Room visits AM Exercise & Sparkle, 1.1's PM Interactive Games	