

NOVEMBER 2022

AM Activities begin at 11.15, PM Activities begin at 3.30, 1.1's and room visits from 10am and 2pm. 6.30pm Night owls



SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2	3	4
			Room visits AM Exercise & Sparkle 1.1's PM Hymns & Prayers Quiz	1.1's, Hairdresser Outing – RAF Museum AM Exercise & Sparkle Room visits PM Hangman	Rm visits, Hair, Nails AM Coffee morning 1.1's, 2pm Art Class PM Pictionary Night Owls	1.1's AM Sherry morning Rm visits 2PM Scrabble PM Crossword
5 Bonfire Night	6	7	8	9	10	11 Armistice Day
Room visits AM Exercise & Sparkle, 1.1's PM Guy Fawkes Trivia	1.1's AM Exercise & Sparkle, Room visits PM Sparkle Magazine	Room visits, AM Exercise & Sparkle, 1.1's 2PM Clothes Party Night owls	1.1's, 11am Committee Meeting AM Exercise & Sparkle Room visits PM Holy Communion Quiz	Rm visits, Hairdresser Outing – Garden Centre AM Exercise & Sparkle 1.1's PM Book Club	1.1's, Hair, Nails AM Coffee morning 2pm Art Class PM Singing Group Night Owls	Rm visits AM Sherry morning 1.1's, 2PM Scrabble PM Armistice Day Hangman
12	13 Remembrance Sunday	14	15	16	17	18
1.1's AM Exercise & Sparkle, Room visits PM Crossword	Room visits 11am Remembrance Service on TV AM Exercise & Sparkle, 1.1's PM Film	1.1's AM Exercise & Sparkle, Room visits PM Pictionary Night owls	Room visits AM Yoga 1.1's, PM Hymns & Prayers Quiz	1.1's, Hairdresser Foot Health Practitioner AM Exercise & Sparkle Room visits PM Arts & Crafts	Rm visits, Hair, Nails AM Coffee morning 1.1's, 2pm Art Class PM Christmas Pudding Making Night Owls	1.1's, AM Sherry morning Room visits 2PM Scrabble PM Who, What, Where?
19	20	21	22	23	24	25
Room visits AM Exercise & Sparkle, 1.1's PM Word Game	1.1's AM Exercise & Sparkle, Room visits PM Derby Day	Room visits AM Exercise & Sparkle, 1.1's PM Snakes & Ladders Night owls	1.1's AM Room visits PM Hymns & Prayers Quiz	Rm visits, Hairdresser AM Exercise & Sparkle Outing – Christmas Shopping 1.1's PM White Board Game	1.1's, Hair, Nails AM Coffee morning 2pm Art Class PM Singing Group Night Owls	Room visits AM Sherry morning 1.1's 2PM Scrabble PM Hangman
26	27	28	29	30 St Andrew's Day		
1.1's AM Exercise & Sparkle, Room visits PM Quiz	Room visits AM Exercise & Sparkle, 1.1's PM Arts & Crafts	1.1's AM Exercise & Sparkle, Room visits PM Who Wants to be a Millionaire? Night owls	Room visits, AM Exercise & Sparkle 1.1's, PM Hymns & Prayers Quiz	1.1's, Hairdresser AM Exercise & Sparkle Room visits 2.30PM Brigadoon Film and Talk		