

SEPTEMBER 2022

AM Activities begin at 11.15, PM Activities begin at 3.30, 1.1's and room visits from 10am and 2pm. 6.30pm Night owls



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			1	2	3	4
			1.1's, Hair, Nails AM Coffee morning Room visits PM Singing Group Night Owls	Room visits AM Sherry morning 1.1's PM Quiz	1.1's AM Exercise & Sparkle, Room visits PM Singalong	Room visits AM Exercise & Sparkle, 1.1's PM Film
5	6	7	8	9	10	11
1.1's AM Exercise & Sparkle, Room visits PM Bullseye Darts Night owls	Rm visits, Outing – Canal Boat AM Exercise & Sparkle 1.1's 3PM Prayers Quiz	1.1's, Hairdresser AM Exercise & Sparkle Room visits PM Quiz Night Owls	Rm visits, Hair, NO Nails today AM Coffee morning 1.1's PM GARDEN PARTY Night Owls	1.1's AM Sherry morning Room visits PM Board Game	Room visits AM Exercise & Sparkle, 1.1's PM Interactive Games	1.1's AM Exercise & Sparkle, Room visits PM Pictionary
12	13	14	15	16	17	18
Room visits AM Exercise & Sparkle, 1.1's PM Who, What, Where? Night owls	1.1's Outing – Canal Boat AM Exercise & Sparkle Room visits 3PM Holy Communion	Rm visits, Hairdresser AM Exercise & Sparkle 1.1's PM Crossword Night Owls	1.1's, Hair, Nails AM Coffee morning Rm visits 2PM Art Class PM Singing Group Night Owls	Room visits AM Sherry morning 1.1's PM Book Club	1.1's AM Exercise & Sparkle, Room visits PM Derby Day	Room visits AM Exercise & Sparkle, 1.1's PM Carpet Bowls
19	20	21	22	23	24	25
1.1's AM Exercise & Sparkle, Room visits PM Sparkle Magazine Night owls	Room visits, AM Exercise & Sparkle 1.1's, 3PM Prayers Quiz	1.1's, Hairdresser AM Exercise & Sparkle Room visits, PM Connect 4 Night Owls	Rm visits, Hair, Nails AM Coffee morning 1.1's, 2PM Art Class PM Word Game Night Owls	1.1's, Foot Health Practitioner AM Sherry morning Room visits PM Quiz	Room visits AM Exercise & Sparkle, 1.1's PM Who Wants to be a Millionaire?	1.1's AM Exercise & Sparkle, Room visits PM Balloon Tennis
26	27	28	29	30		
Room visits AM Exercise & Sparkle, 1.1's PM Bean Bags Night owls	1.1's AM Yoga Room visits 3PM Prayers Quiz	Rm visits, Hair AM Exercise & Sparkle 1.1's PM Hangman Night Owls	1.1's, Hair, Nails AM Coffee morning Rm vts, 2PM Art Class PM Singing Group Night Owls	Room visits AM Sherry morning 1.1's PM Connect 4		