

JULY 2022

AM Activities begin at 11.15, PM Activities begin at 3.30, 1.1's and room visits from 10am and 2pm. 6.30pm Night owls



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				1	2	3
				1.1's AM Sherry morning Room visits PM Book Cub	Room visits AM Exercise & Sparkle, 1.1's PM Interactive Games	1.1's, AM Exercise & Sparkle, Room visits PM Derby Day
4 US Independence Day	5	6 Italian Theme Day	7	8	9	10
Rm visits AM Exercise & Sparkle, 1.1's PM Independence Day Word Game Night owls	1.1's AM Exercise & Sparkle Room visits PM Hymns & Prayers Quiz	Rm visits, Hairdresser AM Exercise & Sparkle 1.1's, PM Italian Afternoon Night Owls	1.1's, Hair, Nails AM Coffee morning Room visits PM Singing Group Night Owls	Room visits AM Sherry morning 1.1's Outing – Garden Centre PM Games	1.1's AM Exercise & Sparkle, Room visits PM Quiz	Room visits AM Exercise & Sparkle, 1.1's PM Film
11	12	13	14	15	16	17 Ice Cream Day
1.1's AM Exercise & Sparkle, Room visits PM Charades Night owls	Room visits, AM Exercise & Sparkle 1.1's, PM Hymns & Prayers Quiz	1.1's, Hairdresser AM Exercise & Sparkle Room visits PM Giant Crossword NO Night Owls	Rm visits, Hair, Nails AM Coffee morning 1.1's PM Bowling Night Owls	1.1's, AM Sherry morning Room visits PM Scrabble	Room visits AM Exercise & Sparkle, 1.1's PM Interactive Games	1.1's AM Exercise & Sparkle, Room visits PM Ice Cream Day
18	19	20	21	22	23	24 Cowboy Day
Room visits AM Exercise & Sparkle, 1.1's PM Snakes & Ladders Night owls	1.1's AM Yoga Room Visits PM Hymns & Prayers Quiz	Rm visits, Hairdresser Foot Health Practitioner AM Exercise & Sparkle 3PM Gemma – Singer Night Owls	1.1's, Hair, Nails AM Coffee morning Room visits PM Singing Group Night Owls	Room visits AM Sherry morning 1.1's PM Book Club	1.1's AM Exercise & Sparkle, Room visits PM Singalong	Room visits AM Exercise & Sparkle, 1.1's PM Film - Western
25	26	27	28	29	30	31
1.1's AM Exercise & Sparkle, Room visits PM Who Wants to be a Millionaire? Night owls	Room visits AM Exercise & Sparkle 1.1's, PM Hymns & Prayers Quiz	1.1's, Hairdresser AM Exercise & Sparkle Room visits, Outing – Kew Gardens PM Quiz Night Owls	Rm visits, Hair, Nails AM Coffee morning 1.1's PM Ball Games Night Owls	1.1's, Foot Health Practitioner AM Sherry morning Room visits PM Hangman	Room visits AM Exercise & Sparkle, 1.1's PM Bingo	1.1's AM Exercise & Sparkle, Room visits PM Pictionary