JULY 2022

AM Activities begin at 11.15, PM Activities begin at 3.30, 1.1's and room visits from 10am and 2pm. 6.30pm Night owls



TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			1	2	3
			1.1's AM Sherry morning Room visits PM Book Cub	Room visits AM Exercise & Sparkle, 1.1's PM Interactive Games	1.1's, AM Exercise & Sparkle, Room visits PM Derby Day
5	6 Italian Theme Day	7	8	9	10
1.1's AM Exercise & Sparkle Room visits PM Hymns & Prayers Quiz	Rm visits, Hairdresser AM Exercise & Sparkle 1.1's, PM Italian Afternoon Night Owls	1.1's, Hair, Nails AM Coffee morning Room visits PM Singing Group Night Owls	Room visits AM Sherry morning 1.1's Outing – Garden Centre PM Games	1.1's AM Exercise & Sparkle, Room visits PM Quiz	Room visits AM Exercise & Sparkle, 1.1's PM Film
12	13	14	15	16	17 Ice Cream Day
Room visits, AM Exercise & Sparkle 1.1's, PM Hymns & Prayers Quiz	1.1's, Hairdresser AM Exercise & Sparkle Room visits PM Giant Crossword <u>NO</u> Night Owls	Rm visits, Hair, Nails AM Coffee morning 1.1's PM Bowling Night Owls	1.1's, AM Sherry morning Room visits PM Scrabble	Room visits AM Exercise & Sparkle, 1.1's PM Interactive Games	1.1's AM Exercise & Sparkle, Room visits PM Ice Cream Day
19	20	21	22	23	24 Cowboy Day
1.1's AM Yoga Room Visits PM Hymns & Prayers Quiz	Rm visits, Hairdresser Foot Health Practitioner AM Exercise & Sparkle 3PM Gemma – Singer Night Owls	1.1's, Hair, Nails AM Coffee morning Room visits PM Singing Group Night Owls	Room visits AM Sherry morning 1.1's PM Book Club	1.1's AM Exercise & Sparkle, Room visits PM Singalong	Room visits AM Exercise & Sparkle, 1.1's PM Film - Western
26	27	28	29	30	31
Room visits AM Exercise & Sparkle 1.1's, PM Hymns & Prayers	1.1's, Hairdresser AM Exercise & Sparkle Room visits, Outing – Kew Gardens	Rm visits, Hair, Nails AM Coffee morning 1.1's PM Ball Games	1.1's, Foot Health Practitioner AM Sherry morning Room visits	Room visits AM Exercise & Sparkle, 1.1's PM Bingo	1.1's AM Exercise & Sparkle, Room visits PM Pictionary
	5 1.1's AM Exercise & Sparkle Room visits PM Hymns & Prayers Quiz 12 Room visits, AM Exercise & Sparkle 1.1's, PM Hymns & Prayers Quiz 19 1.1's AM Yoga Room Visits PM Hymns & Prayers Quiz 26 Room visits AM Exercise & Sparkle 1.1's,	56 Italian Theme Day1.1'sRm visits, HairdresserAM Exercise & Sparkle Room visitsAM Exercise & Sparkle 1.1's, PM Hymns & Prayers QuizAM Exercise & Sparkle 1.1's, PM Italian Afternoon Night Owls1213Room visits, AM Exercise & Sparkle 1.1's, PM Hymns & Prayers Quiz1.1's, Hairdresser AM Exercise & Sparkle Room visits19201.1's Room VisitsRm visits, Hairdresser Foot Health Practitioner19201.1's Room VisitsRm visits, Hairdresser Foot Health PractitionerPM Hymns & Prayers QuizRm visits, Hairdresser Foot Health PractitionerPM Hymns & Prayers QuizI.1's, Hairdresser AM Exercise & Sparkle 3PM Gemma – Singer Night Owls2627Room visits AM Exercise & Sparkle 1.1's, AM Exercise & Sparkle Room visits1.1's, AM Exercise & Sparkle Room visits	56 Italian Theme Day71.1'sRm visits, Hairdresser1.1's, Hair, NailsAM Exercise & SparkleRM Exercise & Sparkle1.1's, Hair, NailsROOM visitsAM Exercise & Sparkle1.1's,PM Hymns & PrayersPM Italian AfternoonPM Singing GroupQuizNight OwlsPM Singing Group121314Room visits,1.1's, HairdresserRm visits, Hair, NailsAM Exercise & Sparkle1.1's, HairdresserAM Coffee morning1.1's,PM Giant CrosswordNight OwlsQuiz20211.1'sRm visits, Hairdresser1.1's, Hair, NailsAM YogaFoot HealthAM Coffee morningRoom VisitsPractitioner1.1's, Hair, NailsPM Hymns & PrayersQuiz20211.1'sRm visits, Hairdresser1.1's, Hair, NailsAM YogaFoot HealthAM Coffee morningRoom VisitsPM Gemma – SingerNight OwlsPM Hymns & PrayersAM Exercise & SparklePM Singing GroupQuiz2728Room visits1.1's, HairdresserRm visits, Hair, NailsAM Exercise & Sparkle1.1's, Hair, NailsAM Coffee morningAM Exercise & Sparkle1.1's, HairdresserRm visits, Hair, NailsAM Exercise & Sparkle1.1's, HairdresserAM Coffee morningAM Exercise & Sparkle1.1's, HairdresserAM Coffee morningAM Exercise & Sparkle1.1's, HairdresserAM Coffee morningAM Exercise & Spa	1126 Italian Theme Day AM Exercise & Sparkle Quiz781.1's AM Exercise & Sparkle Quiz881.1's AM Exercise & Sparkle 1.1's, PM Homos1.1's, AM Exercise & Sparkle 1.1's, PM Halian Afternoon Night Owls1.1's, Hair, Nails AM Coffee morning Room visits, PM Singing Group Night OwlsRoom visits AM Sherry morning 1.1's Outing – Garden Centre PM Games12131415Room visits, Quiz1.1's, Hairdresser AM Exercise & Sparkle Night OwlsAM Coffee morning PM Singing Group Night Owls1.1's, AM Sherry morning 1.1's, AM Sherry morning 1.1's12131415Room visits, Quiz1.1's, Hairdresser AM Exercise & Sparkle No Night OwlsAM Coffee morning 1.1's192021221.1's AM Sherry morning Prot Health PM Hymns & Prayers QuizRm visits, Hairdresser Foot Health PM Exercise & Sparkle AM Exercise & Sparkle PM Singing Group Night OwlsRoom visits PM Singing Group Night Owls192021221.1's AM Exercise & Sparkle PM Hymns & Prayers QuizRm visits, Hairdresser AM Exercise & Sparkle PM Singing Group Night OwlsRoom visits PM Singing Group Night Owls26272829Room visits AM Exercise & Sparkle Room visits, Outing – AM Exercise & Sparkle Room visits, Outing –Rm visits, Hair, Nails AM Coffee morning AM Coffee morning AM Sherry morning26272829Room v	Image: constraint of the section of