

MAY 2022

AM Activities begin at 11.15, PM Activities begin at 3.30, 1.1's and room visits from 10am and 2pm. 6.30pm Night owls



| SATURDAY | SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|--|--|--|--|
| | 1 | 2 Bank Holiday | 3 | 4 | 5 | 6 |
| | Room visits AM Exercise & Sparkle, 1.1's PM Arts & Crafts | 1.1's AM Exercise & Sparkle, Room visits PM Cherish an Antique Discussion Night owls | Room visits AM Exercise & Sparkle 1.1's PM Hymns & Prayers Quiz | 1.1's, Hairdresser AM Exercise & Sparkle Room visits PM Hangman | Rm visits, Hair, Nails AM Coffee morning 1.1's, Outing – Garden Centre PM Quiz Night Owls | 1.1's AM Sherry morning Room visits PM Book Club Night Owls |
| 7 | 8 V E Day | 9 | 10 | 11 | 12 | 13 |
| Room visits AM Exercise & Sparkle, 1.1's PM Derby Day | 1.1's AM Exercise & Sparkle, Room visits PM Film – The Bridge Over the River Kwai | Rm visits, AM Exercise & Sparkle, 1.1's PM Who Wants to be a Millionaire? Night owls | 1.1's, Foot Health Practitioner AM Exercise & Sparkle Room visits PM Hymns & Prayers Quiz | Rm visits, Hairdresser AM Exercise & Sparkle 1.1's, PM Arts & Crafts – Decorations for Rooms | 1.1's, Hair, Nails AM Coffee morning Room visits, PM Snakes & Ladders Night Owls | Room visits AM Sherry morning 1.1's, PM Book Club Night Owls |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 1.1's AM Exercise & Sparkle, Room visits PM Walk | Room visits AM Exercise & Sparkle, 1.1's PM Film | 1.1's AM Exercise & Sparkle, Room visits PM Pictionary Night owls | Room visits, AM Exercise & Sparkle 1.1's, PM Hymns & Prayers Quiz | 1.1's, Hairdresser AM Exercise & Sparkle Room visits, PM Hangman | Rm visits, Hair, Nails AM Coffee morning 1.1's, Outing – Garden Centre PM Quiz Night Owls | 1.1's, AM Sherry morning Room visits, PM Book Club Night Owls |
| 21 | 22 | 23 | 24 | 25 Africa Day | 26 | 27 |
| Room visits AM Exercise & Sparkle, 1.1's PM Interactive Games | 1.1's AM Exercise & Sparkle, Room visits PM Reminiscing | Room visits AM Exercise & Sparkle, 1.1's PM Cooking Night owls | 1.1's Committee Meeting AM Exercise & Sparkle, Room visits PM Hymns & Prayers Quiz | Rm visits, Hairdresser AM Exercise & Sparkle 1.1's PM Africa Celebration | 1.1's, Hair, Nails AM Coffee morning Room visits PM Singing Group Night Owls | Room visits AM Sherry morning 1.1's PM Book Club Night Owls |
| 28 | 29 | 30 | 31 | | | |
| 1.1's AM Exercise & Sparkle, Room visits PM Gardening | Room visits AM Exercise & Sparkle, 1.1's PM Film | 1.1's AM Exercise & Sparkle, Room visits 3PM Robert Hamer - Singer Night owls | Room visits, Foot Health Practitioner AM Exercise & Sparkle 1.1's, PM Hymns & Prayers Quiz | | | |