

FEBRUARY 2022

AM Activities begin at 11.15, PM Activities begin at 3.30, 1.1's and room visits from 10am and 2pm. 6.30pm Night owls



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	1 Chinese New Year	2	3	4	5	6
	1.1's 11AM Exercise & Sparkle Room visits PM Hymns & Prayers	Rm visits, Hairdresser AM Exercise & Sparkle 1.1's PM Quiz	1.1's, Hairdresser AM Coffee morning Room visits, PM Word Game Night Owls	Room visits AM Sherry morning 1.1's PM Giant Crossword	1.1's AM Exercise & Sparkle, Room visits PM Poetry	Room visits AM Exercise & Sparkle, 1.1's PM Discussion Group
7	8	9	10	11	12	13
1.1's AM Exercise & Sparkle, Room visits PM Who Wants to be a Millionaire? Night owls	Room visits 11AM Exercise & Sparkle 1.1's PM Hymns & Prayers	1.1's, Hairdresser AM Exercise & Sparkle Room visits PM Quiz	Rm visits, Hairdresser AM Coffee morning 1.1's, PM Pictionary Night Owls	1.1's AM Sherry morning, Room visits PM Giant Crossword Night Owls	Room visits AM Exercise & Sparkle, 1.1's PM Interactive Games	1.1's AM Exercise & Sparkle, Room visits PM Bingo
14 Valentine's Day	15	16	17	18	19	20
Room visits AM Exercise & Sparkle, 1.1's PM Valentine's Biscuits Night owls	1.1's 11AM Exercise & Sparkle Room visits PM Hymns & Prayers	Rm visits, Hairdresser AM Exercise & Sparkle 1.1's PM Bird Feeders	1.1's, Hairdresser AM Coffee morning Room visits PM Charades Night Owls	Room visits AM Sherry morning 1.1's PM Giant Crossword Night Owls	1.1's AM Exercise & Sparkle, Room visits PM Connect 4	Room visits AM Exercise & Sparkle, 1.1's PM Whiteboard Games
21	22	23	24	25	26	27
1.1's AM Exercise & Sparkle, Room visits PM Quiz Night owls	Room visits, 11AM Exercise & Sparkle 1.1's PM Hymns & Prayers	1.1's, Hairdresser AM Exercise & Sparkle Room visits, Foot Health Practitioner PM Sparkle Magazine	Rm visits, Hairdresser AM Coffee morning 1.1's PM Ball Games Night Owls	1.1's, AM Sherry morning, Room visits PM Giant Crossword Night Owls	Room visits AM Exercise & Sparkle, 1.1's PM Derby Day	1.1's AM Exercise & Sparkle, Room visits PM Carpet Bowls
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Room visits AM Exercise & Sparkle, 1.1's PM Hangman Night owls						