

OCTOBER 2021

AM Activities begin at 11.15, PM Activities begin at 3.30, 1.1's and room visits from 10am and 2pm. 6.30pm Night owls



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				1	2	3
				Room visits AM Sherry morning 1.1's PM Giant Crossword	1.1's AM Exercise & Sparkle, Room visits PM Discussion Group	Room visits AM Exercise & Sparkle, 1.1's PM Film / Quiz
4	5	6	7	8	9	10
1.1's AM Exercise & Sparkle, Room visits PM Prayers Quiz Night owls	Room visits 11AM Church Service 1.1's PM Singalong/Choir Practice	1.1's, Hairdresser AM Chair Aerobics Room visits / walks PM Arts & Crafts	Rm visits, Hair, Nails AM Coffee morning 1.1's, PM Interactive Games Night Owls	1.1's AM Sherry morning, Room visits PM Giant Crossword	Room visits AM Exercise & Sparkle, 1.1's PM Pictionary	1.1's AM Exercise & Sparkle, Room visits PM Who Wants to be a Millionaire?
11	12	13	14	15	16	17
Room visits AM Exercise & Sparkle, 1.1's PM Prayers Quiz Night owls	1.1's 11AM Church Service Room visits PM Singalong/Choir Practice	Room visits, Hair AM Exercise & Sparkle 1.1's / walks PM Arts & Crafts	1.1's, Hair, Nails AM Coffee morning Room visits PM Sparkle Magazine Night Owls	Room visits AM Sherry morning 1.1's PM Giant Crossword	1.1's AM Exercise & Sparkle, Room visits PM Bingo	Room visits AM Exercise & Sparkle, 1.1's PM Poetry
18	19	20	21	22 Wear it Pink Day!	23	24
1.1's AM Exercise & Sparkle, Room visits PM Prayers Quiz Night owls	Room visits 11AM Church Service 1.1's PM Singalong/Choir Practice	1.1's, Hairdresser AM Exercise & Sparkle Room visits / walks Foot Health Practitioner PM Arts & Crafts	Rm visits, Hair, Nails AM Coffee morning 1.1's PM Balloon Tennis Night Owls	1.1's AM Sherry morning, Room visits PM Pink Afternoon	Room visits AM Exercise & Sparkle, 1.1's PM Hangman	1.1's AM Exercise & Sparkle, Room visits PM Charades
25	26	27	28	29	30	31 Halloween
Room visits AM Exercise & Sparkle, 1.1's PM Prayers Quiz Night owls	Room visits 11AM Church Service 1.1's PM Singalong/Choir Practice	Room visits, Hair AM Exercise & Sparkle 1.1's / walks PM Halloween Arts & Crafts	1.1's, Hair, Nails AM Coffee morning Room visits PM Carpet Bowls Night Owls	Room visits AM Sherry morning 1.1's PM Giant Crossword	1.1's AM Exercise & Sparkle, Room visits PM Storytime (scary) <i>Clocks go back tonight!</i>	Room visits AM Exercise & Sparkle, 1.1's PM Halloween games